



**KPT LUXURY
PROPERTIES**



Summer Yoga at Your Location

*Private, Semi Private, Small Group Instruction
75-minute class tailored to your interests.*

We come to you. Complimentary mats and props provided.

Home, beach, studio, workplace, events, resorts, retreats, reunions,
bridal party, 'book club', vacation.

Year-round yoga instruction for individuals and groups offered by Leslie Cargill
in a variety of beautiful locations + Yoga to Go.

Vinyasa flow classes are tailored for level and interest with a focus on yoga basics.
Beginners and experienced yogis welcome.

BY APPOINTMENT:

**Call or text 617-913-9000 to book or for more information
\$125 / up to 4 persons; \$25 each additional person.**

We bring yoga to you this summer.
+ Join us for weekly classes at these locations:

**Fridays:
The Fifth Om,
Kennebunk**
8 - 9 am Morning Flow,
mixed level
9:30 - 10:30 am Yoga
Basics, beginners + up

**Saturdays:
Musette,
Cape Porpoise**
7 - 8 am Yoga on the
Lawn, mixed level

**Saturdays:
The Colony,
Kennebunkport**
9 - 10 am Morning Flow
by the Ocean,
mixed level

Call/Text for Info + To Book: 617-913-9000

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Cargill & Co.

WWW.CARGILLANDCO.COM



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BOSTON | STOCKHOLM | LISBON
WWW.SIMPLYREWIND.COM



Leslie is a Yoga Alliance Registered Yoga Teacher.